Reflexive and emphatic pronouns exercise

State which pronouns in the following sentences are reflexive and which are emphatic

1. He himself said this.
2. I will do this myself.
3. The boy hurt himself while playing.
4. I cut myself while shaving.
5. The principal himself distributed the prizes.
6. You must not deceive yourself.
7. I myself heard this remark.
8. He cannot express himself very well.
9. I wash my clothes myself.
10. The poor woman killed herself.
11. You have landed yourself in a mess.
12. He loved himself so much that he thought of nobody else.
13. We enjoyed ourselves when we went on holiday.
14. He set himself ablaze.
15. Please do not cheat yourself.
16. He was sitting by himself.

Answers

1. He **himself** said this. (Himself - emphatic; emphasizes the pronoun he)
2. I will do this **myself**. (Myself - emphatic; emphasizes the pronoun I)
3. The boy hurt **himself** while playing. (Himself - reflexive; object of the verb hurt)
4. I cut **myself** while shaving. (Myself - reflexive; object of the verb cut)
5. The principal **himself** distributed the prizes. (Himself - emphatic; emphasizes the noun principal)
6. You must not deceive **yourself**. (Yourself - reflexive; object of the verb deceive)
7. I **myself** heard this remark. (Myself - emphatic; emphasizes the pronoun I)
8. He cannot express **himself** very well. (Himself - reflexive; object of the verb express)
9. I wash my clothes **myself**. (Myself – emphatic; emphasizes the pronoun I)

10. The poor woman killed **herself**. (Herself – reflexive; object of the verb killed)

11. You have landed **yourself** in a mess. (Yourself – reflexive; object of the verb landed)

12. He loved **himself** so much that he thought of nobody else. (Himself – reflexive; object of the verb loved)

13. We enjoyed **ourselves** when we went on holiday. (Ourselves – reflexive; object of the verb enjoyed)

14. He set **himself** ablaze. (Himself – reflexive; object of the verb set)

15. Please do not cheat **yourself**. (Yourself – reflexive; object of the verb cheat)

16. He was sitting by **himself**. (Himself – reflexive; it acts as the object of the preposition by)